

OUR POLICY ...

We do not tolerate bullying or racial remarks at our school.

We know that, often, bullying does not stop without help. Ignoring the problem simply signals to the bully that he or she can continue to behave badly.

In order for our Anti-bullying Policy to be successful it needs the full and active support of all our children, their parents and carers, all our staff and Governors. We must all work together to stop bullying.

We aim to ensure that all our pupils know:

- What is meant by bullying
- How to prevent bullying
- What to do if it occurs

GOVERNORS will ...

- Regularly review the school's Behaviour and Anti-Bullying Policy
- Monitor the effectiveness of the policy
- Ensure the wider school community is consulted in the making of this Policy

PARENTS ...

Many of the signs listed in this leaflet can be noticed in a child who bullies. This child also has the right to be helped to change his/her attitude towards others. If you suspect your child of being a bully, please make an appointment to discuss your concerns with the Headteacher so that, if needed, your child can be offered support.

Children have the right to be supported by caring adults. We should not leave them alone to cope with bullying.

Excellence Together, Learning Through Faith.



ANTI-BULLYING INFORMATION

St Mary's C of E Primary School

New Road
Northchurch
Berkhamsted
Herts HP4 3QZ

Telephone: 01442 389040

Email:

admin@stmarys916.herts.sch.uk

Website:

www.stmarys916.herts.sch.uk

All children have the right to feel happy and safe in our school.

If you are being bullied, remember it is not your fault!

Bullying is ...

“Behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group physically or emotionally”.

It can be ...

- When somebody deliberately sets out to hurt, threaten or frighten someone.
- Repeated over a period of time.
- Difficult for the person to defend themselves.

It can include ...

- Hitting, kicking, pinching, pushing, biting, spitting.
- Threatening.
- Calling someone names.
- Spiteful remarks.
- Spreading rumours.
- Teasing.
- Making someone feel foolish.
- Swearing.
- Repeatedly excluding someone.
- Not talking to someone or letting them join in.
- Ganging up.
- Deliberately damaging or taking someone's belongings.

CHILDREN

If you are being bullied ...

- Tell a grown-up at school and tell your parents.
- Remember it is not your fault.
- Keep telling someone until they believe you – DON'T GIVE UP!

At our school we ...

- Inform and involve children in discussions about bullying and behaviour.
- Train staff in how to deal with bullying.
- Treat playtime as an important aspect of school life.

All disciplinary actions taken by the school will be designed to support the victim and to help the bully to change his/her behaviour.

STAFF

All the Staff ...

- Supervise the children carefully.
- Take bullying seriously.
- Watch for signs of distress.
- Listen carefully to children.
- Offer the victim immediate support.
- Make it clear to the bully why their behaviour is unacceptable.
- Take steps to ensure, as far as possible, that such behaviour is not repeated.
- Record incidents of bullying and racial remarks in the School Incident Log.

PARENTS

You should ...

- Take any claims of bullying seriously.
- Tell your child that it's not their fault if they are being bullied.
- Reassure your child by telling them that you will inform the school, and that keeping quiet only helps the bully to continue bullying
- Not tell your child to hit back – tell them to seek help from an adult.
- Watch for signs of intimidation, such as:
 - Unexplained injuries
 - Reluctance to discuss injuries
 - Improbable excuses
 - Fear of going to School
 - Feigned illness
 - Poor self image
 - Poor concentration
 - Bed wetting
 - Excessive fidgeting
 - Loss of confidence
 - Anger or abusive behaviour
 - Tearfulness

Inform the Headteacher if you are at all concerned.